Nursing Department Happenings…

**February 2009**

Clinical Weekends
- January 31 & February 1
- February 14 & 15
- February 28

SNA Meeting
- February 10, 12-12:50

Deadline to Apply for Graduation
- February 15

SNA Souper Tuesday
- February 17, 11-12:30

SNA Dine N Discuss
- February 24, 12-12:50

**March 2009**

Clinical Weekends
- March 1
- March 14 & 15
- March 28 & 29

SNA Souper Tuesday
- March 3 & 31, 11-12:30

Spring Break
- March 9-13

SNA Dine N Discuss
- March 24

Inclement Weather Hotline
610-606-4629

Nursing Office Hours:

**Monday and Friday**
8:30am—4:30 pm

**Tuesday-Wednesday-Thursday**
8:30am—9:00 pm

**Saturday**
Hours vary
Woodrow Wilson Visiting Fellow—Judi Hampton

CCC Nursing Department was privileged to host Woodrow Wilson Visiting Fellow, Judi Hampton, from Jan. 26-29. While on campus, Fellow Hampton met with nursing students, faculty members, and staff. She conducted classes and workshops, sharing practical knowledge in the areas of communications, diversity issues, group dynamics, and leadership.

Fellow Hampton mentioned that she specifically enjoyed interacting with student nurses since she had grown up in a household of health professionals. Her mother was a nurse and her father was a physician. All who had the opportunity to meet with her were enriched by her enthusiasm, practical knowledge, and passion for leadership excellence.

~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~

The Woodrow Wilson Visiting Fellow program, administered by the Council of Independent Colleges, sends highly regarded, accomplished individuals to colleges across the country to introduce students and faculty to a wide range of perspectives on life, society, community, and achievement.

Student Survival Tips… on test taking

- Determine what the questions is really asking. Look at the stem.
- Do not guess too soon! Read the question and all the answers before giving the final answer.
- Be aware of questions containing absolutes such as: never, always or guarantees.

Need a quiet place to study?...
Need to meet with a study group?...

Enjoy the reading room located off the North Entrance HBB.

Please remember this is a quiet area, so please respect other students who may be using the room.
Congratulations to the Class of January 2009 Graduate Nurses

Best of luck in all you do!

Cedar Crest College
Nursing Department

January 2009

Photography Courtesy of Christmas City Studio

Missing from picture: David Miller

Holiday gathering at Dr. Nancy Johnston’s house

Otis and Sadie enjoy watching the festivities!
Thank you to our Student Nurses Association for the generous donation of Spring Semester books to a student in need.

**Remember to...**

...check your Cedar Crest e-mail daily—the Nursing department sends 95% of its communication via electronic mail.

Beginning this semester, Mrs. Timalonis will be conducting open office hours every Thursday, from 4 to 5 PM in HBB 11.

Mrs. T. invites you to stop by socialize or to talk about issues concerning your nursing classes. This invitation is open to all nursing students. If you have a concern that is personal and confidential, you are asked to make an appointment to visit Mrs. T. during her regular in-office hours which are posted on her door.

**Change of Name?**
**Change of Address?**
**Change of Phone Number?**

Please contact the Registrar’s Office to make the appropriate changes. You must also contact IT to make sure your email reflects your name change.
Faculty news...

WENDY ROBB, ASSISTANT PROFESSOR/DIRECTOR OF GRADUATE PROGRAMS, NURSING DEPARTMENT: Wendy Robb was invited to participate as a panelist at The Kenneth B. Schwartz Rounds held in December at Lehigh Valley Hospital, Cedar Crest Blvd. The focus of the discussion was The Impact of Complementary Therapies on Healthcare Providers. Schwartz Center Rounds is a multidisciplinary forum where caregivers discuss difficult emotional and social issues that arise in caring for patients. Over 37,000 clinicians across the country participate in these interactive discussions and share their experiences, thoughts and feelings on different topics. More information on Kenneth B. Schwartz and the Schwartz Center can be accessed at www.theschwartzcenter.org.

Student/Alumnae news: Making a Difference

Pam Leggore, former CCC Nursing student, leaves for deployment at the end of January. She will travel first to Oklahoma and then on to Iraq where she will be a flight medic in Iraq. She was a student at CCC in the nursing program and would have graduated in May 2009. She plans to return to CCC to complete her degree when she returns from her tour of duty.

If you would like to contact Pam, please do so at either prleggore@cedarcrest.edu or pamela.leggore@us.army.mil

Good luck and best wishes on your tour of duty, and THANK YOU from the entire Cedar Crest Community.

Congratulations!!!....

...to Master’s Student, John Burkley, on the acceptance of his poster titled, "Using Neuman’s Metaparadigm of Environment to Explore the Caste System of Healthcare." John will present his poster at the 12th International Neuman Systems Model Symposium in Las Vegas, NV, May 31-June 2, 2009.

Heather Gallagher, a 35-year-old mother of two who played for the Cedar Crest College field hockey team this year, will be recognized by the college for National Girls and Women in Sports Day tonight at 6:45 p.m., before the Cedar Crest basketball team plays Baptist Bible College. An All-American at Penn State in the early 1990s, Gallagher was elected team captain by her teammates, was the team's leading scorer and earned a Colonial States Athletic Conference player of the week honor in September. She has been featured in Sports Illustrated and at NCAA.com. Gallagher, who will serve as an assistant coach for the Falcons next season, will graduate in May with a nursing degree.

Taken from Lehigh Valley Digest, February 5, 2009
To view complete article go to: http://www.mcall.com/sports/college/all-lvdigest.6768504feb05,0,6810110.story
From the Registrar’s Office...

Important Dates to Remember:

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>April 14, 2009</td>
<td>Deadline to withdraw from spring courses (by 4:00p.m.)</td>
</tr>
<tr>
<td>May 5, 2009</td>
<td>Last day of spring courses (follow Friday schedule!)</td>
</tr>
</tbody>
</table>

Planning on Graduating? Please take note of the following deadlines:

- May Graduation – Apply by February 15th
- August Graduation – Apply by May 15th
- January Graduation – Apply by September 15th

All students are required to complete an Application for Degree in order to graduate or complete a certificate program. **Students are now able to complete this application online via My Cedar Crest.**

Once you log on to [http://my.cedarcrest.edu](http://my.cedarcrest.edu), please select the ‘Student’ tab and then ‘Registrar’s Office’. Click on ‘Apply for Graduation’ and complete the form. This application is also available at the Registrar’s Office.

*Please remember that there will only be a ceremony for May graduation. Students who graduate in January or August are able to walk in the May ceremony that takes place AFTER their graduation date*

Need to request a transcript? All you have to do is log on to My Cedar Crest!

To request a transcript online you must log on to [http://my.cedarcrest.edu](http://my.cedarcrest.edu) with your student ID number and password. Click on the ‘Student’ tab, and then ‘Registrar’s Office.’ Next, click the link for ‘Courses and Grading.’ On the right side of the page, you will see a box titled “Transcript Requests.” Simply click on the link, complete the form, and click to submit your request.

Please note: If you need to obtain your My Cedar Crest login credentials, you must either come into the Registrar’s Office with photo ID, or request that your password be mailed to your home address. Passwords cannot be released by email, fax, or telephone.
Community Service Day January 2009

Community Service Day January 21st was a “Huge Success, THANK YOU!!!
On Wednesday January 21st approximately 100 students participated at a variety so sites throughout the Lehigh Valley. The students were at the 6th Street Shelter Easton, Good Shepherd Rehab. Hospital, Good Shepherd Home Bethlehem, Animals in Distress, Second Harvest Food Bank, Meals on Wheels, American Red Cross, Camelot for Children, Association for the Blind, EQPP (Emergency Housing, Quakertown), Trinity Soup Kitchen, Day Break, Salvation Army, Life Path, Alliance Hall. Some students cleaned windows, basements, stairwells, refrigerators, & windows. They also assisted with activities at Good Shepherd, walked in a local mall with blind people. They painted rooms, packed food for needy children, cooked and served food.
Some of quotes from the evaluations include:
Red Cross – “The students along with their professor carried out a painting project which really turned out nice. Without the students/professors help we could not have accomplished this project!”
Animals In Distress – “Everyone was very nice, did what was asked of them, and seemed to have a great time. It was a pleasure working with your group.”
Association for the Blind- Mall Walk “I was nervous at first, but I found it was easy and an amazing experience that I really enjoyed!”

Student Comments:
“I learned that the older (senior) students were more interactive and sociable with the clients that us juniors which tells me that we’ll hopefully be like that next year or we need to work on our social skills.”
“That I could make someone’s day just by talking with them.”
“That I really enjoy helping others even if the work is a little physical, because it makes a difference!”
“I was able to bond with my peers.”
“The ability for juniors to get the opportunity to meet with the seniors so we can interact and ask questions and gain insight about the nursing program.”
“I learned that volunteer work really isn’t that bad & that I could do something fun & yet help out the community at the same time.”
“What I learned about my peers is as nurses we need to remember that our job may become routine, but the impact we have on those we care for should never be taken for granted.”
The American Nurses Association knows that your nursing students are the key to all of our futures.

ANA wants to expose students to all that ANA has to offer while they are in nursing school by giving them access to the Members Only section of NursingWorld.org at no cost to them!! This is not a membership type but will give them access to information that they can use in school and help prepare them for their nursing career. Highlights include:

- Full ANA Position and Policy papers on important nursing issues
- A chance to sign up for Smart Brief - our members only daily news feed that brings together nursing and healthcare news from around the country every business day
- Access to the current electronic versions of The American Nurse and the ANA columns in American Nurse Today
- Access to the OJIN - a peer reviewed electronic journal available to ANA members on the hot issues facing nursing today
- NurseSpace - ANA's new social network just for nurses!!
- Discount opportunities on a variety of personal and professional products

We hope you will share this special offer with your students. Click on this link to sign up: www.nursingworld.org/students

Note: Students will be asked for a Promo Code which will give them free access at the bottom of form when they sign up. The promo code they can use is "EDU".

Thank you for sharing this information.

American Nurses Association