

**N311**

**Course Schedule**

**FALL 2008**

**Orientation and First Class August 28, 1:00 – 4:00 pm, mandatory**

**Week 1 Orientation and First class as above only – no lab**

**Week 2 Labs begin except for Monday labs which are off for the holiday and begin**

**Week 3**

**Lab Schedule will be posted on Document Sharing in ECompanion**

**August 28 (First Class immediately following orientation)**

Nurse's role in health assessment: Collecting and Analyzing Data Chapter 1

The Client in Context: Culture, Spirituality, Family, and Community Chapter 2

Collecting Subjective Data Chapter 3

Collecting Objective Data Chapter 4

Validation and Documenting Data Chapter 5

Using Diagnostic Reasoning Skills to Analyze Data Chapter 6

Nutritional Assessment Chapter 9

Spiritual Assessment Chapter 10

**September 2, 3, 4, 8**

General Survey, Mental Status Exam, and Vital Signs Chapter 7

The Skin, Hair, and Nails \*\*Quiz\*\* Chapter 11

SOAP Notes Review from Document Sharing: "S" only Document Sharing

**September 9, 10, 11, 15**

Head, Neck and Regional Lymphatics, Nose, Mouth, and Throat Chapter 12 & 15

**\*\*Quiz\*\***

**September 16, 17, 18, 22**

Ears **\*\*Quiz\*\***

Chapter 14

Pain (No Quiz)

Document Sharing

**September 23, 24, 25, 29**

Eyes **\*\*Quiz\*\***

Chapter 6

**Exam I – September 30 1:00 – 3:00 pm HBB, room TBA**

**(Interview and History through Ears and Pain)**

**September 30, October 1, 2, 6**

Heart and Neck Vessels **\*\*Quiz\*\***

Chapter 18

Peripheral Vascular **\*\*Quiz\*\***

Chapter 19

**September 7, 8 9 & 20**

Heart and Neck Vessels

Chapter 18

Peripheral Vascular

Chapter 19

No quizzes this week – already taken week before

**October 21, 22, 23, 27**

Thoracic and Lung **\*\*Quiz\*\***

Chapter 16

**October 28, 29, 30, November 3**

Abdomen **\*\*Quiz\*\***

Chapter 20

**November 4, 5, 6, 10**

Neurologic **\*\*Quiz\*\***

Chapter 25

Musculoskeletal (No quiz)

Chapter 24

**Exam II – Nov. 4 (Eyes through Thoracic and Lung)**

**November 11, 12, 13, 17**

Practicum Review

Practicum Practice

**November 18, 19, 20, 24**

Male / Female Genitalia

Chapter 21 & 22

Breast

Chapter 17

Pregnant Female

Chapter 27

Infant and Child

Chapter 28 & 29

**Practicum December 1 - 15**

**Final – August 7 9:00 am – 12:00 pm HBB (Comprehensive)**

**Workbook Assignments and Due Dates**

<b>Topic</b>	<b>Week Due</b>
Complete Health History	9/2, 3, 4, 8
Skin	9/9, 10, 11, 15
Head, Neck, Lymphatics, Mouth Nose and Throat	9/16, 17, 18, 22
Ears	9/23, 24, 25, 29
Eyes	9/30, 10/1, 2,6
Cardiovascular and	
Peripheralvascular	10/7, 8, 9, 20
Thoracic and Lungs	10/28, 29, 30, 11/3

Abdomen	11/4, 5, 6, 10
Neurological	11/4, 5, 6, 10
Breast	At your Practicum

### **General Information**

TITLE: Nursing Health Assessment

CREDITS: 3 CREDITS

PLACEMENT: Prerequisites:

- Cumulative GPA of 2.8 and satisfactory completion of prescribed
- Nursing curriculum or Graduate/ Registered Nurse
- N311 is a prerequisite or corequisite for N309. If you drop or withdraw from N311 you must also drop or withdraw from N309.

### **Course Description**

This course provides the students with the knowledge and skill necessary to perform a comprehensive health assessment utilizing the skills of history taking, inspection, palpation, percussion, and auscultation. Normal assessment findings and cultural differences are discussed.

### **Course Objectives**

Upon successful completion of the course, the student will:

1. Demonstrate history-taking and interviewing skills necessary for comprehensive data collection.
2. Demonstrate beginning level skill in the techniques of physical exam: inspection, palpation, percussion, and auscultation.
3. Differentiate between normal and abnormal assessment findings.
4. Apply relevant anatomy and physiology to the health assessment process.
5. Integrate health assessment into the nursing process and nursing practice.
6. Describe how cultural/ethnic differences influence the findings in a health assessment.
7. Explain how assessment techniques vary across the lifespan.

### **Teaching Methods**

ONLINE TEACHING METHODS: Lecture notes, power point, audio-visuals, readings

## LAB TEACHING METHODS: Demonstration, practice

Students will be expected to read textbook assignments prior to completing each module of the online course. Written assignments and assigned quizzes must be completed prior to the scheduled lab for that section. A zero will be given for any assignment not completed prior to lab. Written assignments must be turned in at the beginning of lab on the assigned due dates. Lab time will be spent on demonstration and practice of techniques.

### Required Equipment

Stethoscope

### Grading Policies

#### EVALUATION:

- Two written exams (20% each) 40%
  - Final written exam 25%
  - Final laboratory Practicum 15% \*
  - Laboratory practice assignments and quizzes 15%
  - Attendance 5% (Students who are absent or late to class will have points taken off )
- Total = 100%

**There will be no rounding on any grades.**

### Exams

The final examination is cumulative and **MUST** be taken on the date scheduled. All examinations are to be taken when they are scheduled. Exams not taken on time will result in a ZERO for the exam. The Final Exam is scheduled by the Registrar's Office. No student is permitted to take any exam ahead of schedule including the Final Exam.

All exams are paper and pencil at designated testing times. Written examinations must be taken when scheduled. The instructor must be notified prior to the beginning of the exam should extenuating circumstances prevent the student from taking the exam at the scheduled time. Failure to follow the above may result in the student receiving a zero for the exam. Make-up examinations will be given at the professor's and student's convenience. All exams are closed book, no notes. The student may only have pencils at the desk during examinations.

### Practicum

\*To pass the course you must achieve a 73% or greater on the practicum. If you fail to achieve this you will not pass the course regardless of your other grades in the course.

Guidelines for the practicum may be found on Document Sharing and a video of the complete practicum is located on the left margin menu of the course.

### **Lab Sessions**

- All laboratory practice sessions are mandatory. Failure to attend will result in loss of points in the attendance portion of the grade. Failure to notify your lab professor in advance of an absence or failure to make arrangements to make up that lab may result in a 0 for your lab assignment for that day. Being late to lab will result in loss of points for attendance. In addition, a student who is late to class will not be able to come into the class until a break is taken by the group. Late lab assignments will have an automatic 5 points taken off for each day that it is late. Students will practice assessment skills on each other during the laboratory sessions. Lack of participation in the practice skills or unprofessional behavior may result in loss of points on the written assignment for that day and in fact may result in full loss of points for that day based on the lab professor's assessment. A written report taken from Document Sharing will be handed in as indicated in the syllabus or by the lab professor for your lab. The written report must be your own work, plagiarism on written work as well as any course work will result in failure of the course, please refer to student handbook. Failure to follow the above may result in the student receiving a zero. The student must bring a copy of the assessment guide that corresponds with the lab topic to each lab. Copies will not be made for you. It is expected that the student will bring their own stethoscope to those labs that require the use of a stethoscope. It is expected that students be dressed appropriately for the system being assessed or don a patient gown so that their partner may assess them. Failure to do so will also result in loss of points from that lab day's assignment. Consistent failure to participate in assessing your lab partner or being assessed by your lab partner will result in failure of the course. Equipment other than your stethoscope will be provided in lab. Students may use their peers for the final practicum examination. No children may be used.

### **Weekly Online Quizzes**

During the semester there will be 9 – 10 online quizzes. The quiz must be taken prior to the student's lab for that topic. Failure to do so will result in a 0. Quizzes will be time limited but you may use your books and notes. You may not have the assistance of anyone else or print quizzes and should you do so it will be a violation of academic integrity and the Honor Code and will result in failure of the course as per the consequences for such a violation in the Cedar Crest College policy.

The quizzes are secured with exam Guard. Should you have technical problems, call the Computer Help Desk or Information Technology for assistance.

### **Practice Laboratory Assignments**

- Written assignments will be due as listed in this syllabus unless your lab professor changes the date. Students will be required to put in writing the assessment data they identified on a person they assess and turn it in the week after the lab unless otherwise specified by the Lab Professor.
- Written assignments/lab guidelines may be found in Document Sharing. A draft should be completed in lab, and formal neat copy completed during the week to turn in the following week. Final copies that are not neat and legible will not be accepted and will result in a zero for the assignment.
- Data on the worksheets must be concise yet very specific and correct medical terminology with correct spelling must be written. Vague wording is not acceptable.
- Describe exactly what was seen, heard or felt during the exam.
- Acceptable: Skin - pink without erythema or cyanosis.
- Unacceptable: Skin - color good. Also unacceptable are terms such as normal, within normal limits, WNL.
- All areas of the worksheet must be completed regardless of the findings. For example, when assessing the lymphatic system and there are no palpable nodes, the correct way to indicate this would be to write, "no nodes palpable". If something does not apply to your patient, you would document N/A.
- Correct terminology is to be used at all times. The use of slang or abbreviations is unacceptable.
- Points will be deducted for incorrect grammar and spelling errors. Correct spelling of medical terminology can be found in your text. You may lose up to full points for each question with spelling or grammatical errors.
- All written assignments and quizzes will be tallied together and be worth 15% of the final grade. Assignments are due on the day(s) indicated by the instructor. Failure to hand in a written assignment on the date due without speaking to the instructor will result in the loss of five points for each day the assignment is late. Failure to complete a quiz prior to your lab on that topic will result in a 0 on that quiz.
- Please contact the Lab Professor if there are any questions or problems with written assignments, if you are ill, and if therefore you need to attend another lab for make-up as discussed above. Please contact the Course Professor for any questions regarding quizzes, exams, and any questions regarding the Online Course. Please contact Information Technology for any technological questions such as problems accessing the course or with Exam Guard.

### **GRADING SCALE:**

93 - 100 = A	73 - 76 = C
90 - 92 = A-	70 - 72 = C-
87 - 89 = B+	67 - 69 = D+
83 - 86 = B	60 - 66 = D
80 - 82 = B-	Below 60 = F
77 - 79 = C+	

\*\*A minimum grade of "C+" in this course is needed to satisfy the requirements of the nursing major.

### **Honor Code**

Please refer to your Student Handbook, for a detailed explanation of the Cedar Crest College Honor Policy. It is your responsibility to be familiar with this policy. The student shares with the faculty the responsibility for maintaining the integrity of scholarship, grades, and professional standards. The Honor Code will prevail at all times. Violations of the Honor Code which occur during this course will result in failure of the course.

Plagiarism STATEMENT: *It is dishonest to present oral or written work that is not entirely the student's own. Any language taken from another source, whether individual words or entire paragraphs, must be placed within quotation marks and attributed to the source, following the APA format. Paraphrased material from an outside source must also be attributed. (Student Handbook, CCC, 2004-2005)*

The Cedar Crest College Nursing Department Faculty agrees to define plagiarism as, "A writer's deliberate use of someone else's language, ideas, or other original (not common knowledge) material without acknowledging its source".

Plagiarism of another person's work on exams, assignments, concept maps, process recordings is considered a violation of the Honor Code. A copy of the Student Handbook (See *A Student's Guide, Cedar Crest College* or the web site [www.cedarcrest.edu](http://www.cedarcrest.edu).)

Plagiarism of any kind will result in a ZERO for the work and may cause the student to fail the course. This includes all written work such as the weekly assessment guidelines.

Appropriate classroom and clinical behavior is implicit in the Cedar Crest Honor code. Such behavior is defined and guided by complete protection for the rights of all students and faculty to a courteous and respectful classroom environment. These behaviors include, but are not limited to: distractions such as late arrivals, early departures, inappropriate conversations, use of cell phones and pagers, use of weapons, presence of children in the classroom or lab, lack of accountability for one's actions, inappropriate



communication with faculty, staff, peers, members of the health care team, not following direction of clinical or classroom faculty, and any other behaviors that might disrupt instruction and/or compromise learner's access to their Cedar Crest College education. Display of these behaviors can result in dismissal from the nursing program and the college.

Students will follow the Cedar Crest College HONOR CODE policy at all times. Graphic and photographic images contained in this online course are intended for the use of enrolled registered students only. Students may not download and/or print any exams, quizzes or other evaluative materials from the course or distribute such materials to others and doing so will be a violation of academic integrity and failure of the course.

NOTE: The student is reminded that knowledge in Nursing is cumulative and that she/he will be held accountable for prior learning. This includes knowledge of anatomy, physiology, chemistry, math, microbiology, psychology, sociology, lifespan development, and health assessment as they relate to material covered in this course.

**OTHER STUDENT RESPONSIBILITIES:** Students are required to keep a hard copy of all written work and all written work that is graded for this course.

Students with documented disabilities who may need academic accommodations should discuss these needs with their professor during the first 2 weeks of class. Students with disabilities who wish to request accommodations should contact the Advising Center.

Students are obligated to check their e-mail on a daily basis for any changes to classroom/clinical pacing, assignments and schedules.

Inclement Weather or Illness: Please call Inclement Weather Hotline. Information can be found on the CCC website.

### **Required Texts**

Weber & Kelley Health Assessment in Nursing 3<sup>rd</sup> Edition Philadelphia:  
Lippincott Williams & Wilkins with online portion (must be purchased together).

\*The text must be purchased in the Cedar Crest College Bookstore as it will then include access to the online portion of this course.

### **Professional Classroom Behaviors**

1. Treat each other with dignity and respect
2. Report to class on time.
3. Maintain ethical, legal, and moral standards.
4. Communicate effectively with faculty (i.e. if ill, to reschedule to attend a different lab for illness etc).

5. Communicate professionally with faculty and peers in verbal, written, and computer communication.
6. Participate in maintaining classroom environment conducive to learning including: no distractions such as late arrivals and early departures, no cell phone use, no distracting noise, no children, and no offensive language.
7. Appropriate dress.
8. Appropriate use of lab time to practice the skills that have been demonstrated on a partner.
9. Complete lab objectives for the week in the week they are assigned in the syllabus unless otherwise directed by lab instructor, lab professor or course professor.

**\*\*A SATISFACTORY RATING FOR ALL BEHAVIORS IS NECESSARY TO SATISFY COURSE REQUIREMENTS. INAPPROPRIATE, UNPROFESIONAL BEHAVIORS MAY RESULT IN FAILURE OF THE COURSE AND POSSIBLE DISMISSAL FROM THE COLLEGE.**