

CEDAR CREST COLLEGE
HON 260
WOMEN'S HEALTH: CHALLENGES OF THE 21ST CENTURY

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Office Hours: Monday 10-11 AM and 1-2 PM
Tuesday 1-2 PM
Wednesday 10:30-11:30 AM
Or by appointment

Text: Journal articles and handouts

This course will examine research findings about women and chronic disease. We will examine the biological differences between women and men and why examining individual biological variability will help us understand why a woman may fall ill and how we can best make her well. We will discuss the educational, psychological, economic and social-cultural obstacles we face in attempting to meet the needs of women's health issues.

Goals:

1. To gain knowledge of normal physiology of females and of the unique ways in which they experience disease.
2. To explore relevant research in this area.
3. To gain knowledge about gender and the political/social economy of women's health.

Outcomes:

1. Students will better understand and recognize the gender differences in health and disease.
2. Determine continuing or emerging gaps in knowledge, research and related issues in women's health.
3. Improve skills in the ability to communicate clearly and effectively, using both oral and textual formats, such as class participation and writing short essays.

Assessment

Two essay tests will be administered to measure your knowledge and understanding of material presented/discussed in class and assigned as outside reading.

Four short (one page) writing assignments will measure reading comprehension and writing skills.

All written assignments should be typed or word-processed. They should be one page in length using standard font.

Grading

Exam 1	15%
Exam 2	15%
Written Assignments (12% each)	48%
Attendance/Class Participation	22%

Honor Code

Students are expected to abide by the Cedar Crest College Honor Code. Acts of misconduct (see the Student Guide for more information) will not be tolerated. If an infringement occurs, they will be handled according to College Policy.

Classroom Protocol

Appropriate classroom behavior is implicit in the Cedar Crest College Honor Code. Such behavior is defined and guided by complete protection for the rights of all students and faculty to a courteous, respectful classroom environment. That environment is free from distractions such as late arrivals, early departures, inappropriate conversations and other behaviors that might disrupt instruction and /or compromise students' access to their Cedar Crest College education.

Plagiarism

Plagiarism is the act of presenting the ideas, words or other intellectual property of another as one's own. The use of other people's work must be properly acknowledged and referenced in all written material. The use of material without acknowledgement is an offense. I will follow academic regulations regarding plagiarism to the maximum.

Extra Credit Opportunities (optional)

You may attend any of the Health and Wellness Lecture series at Cedar Crest College and earn extra credit (1 credit each) up to a maximum of 3 extra credits by submitting a brief summary of the lecture. Your summary should include: title of lecture, name of presenter and highlights of the talk. Your summary is due one week after the lecture.

Grades:

A	93.0 -100%	C	73.0 – 76.9%
A-	90.0 – 92.9%	C-	70.0 – 72.9%
B+	87.0 – 89.9%	D+	67.0 – 69.9%
B	83.0 - 86.9%	D	60.0 – 66.9%
B-	80.0 – 82.9%	F	Below 60.0%
C+	77.0 - 79.9%		

Topics for lecture and discussion and tentative dates.

<u>DATE</u>	<u>TOPIC</u>
Aug. 26	Introduction Sex, Gender and Health
Sept. 2	Do we really know what makes us healthy?
Sept. 9	Female Brain
Sept. 16	Neuroscience
Sept. 23	Pharmacologic Issues Exam I
Sept. 30	Cardiovascular Diseases
Oct. 7	CVD
Oct. 14	Diabetes and Digestive diseases
Oct. 21	Reproductive Health
Oct. 28	Bone and Musculoskeletal Exam II
Nov.4	Cancer
Nov. 11	Cont.
Nov. 18	Cont.
Nov. 25	Thanksgiving Break
Dec. 2	